

BUGGY FEEDBACK IN DIABETES' TREATMENT ?

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In 2019, I am first diagnosed with type 2 diabetes (60 years old, 1m74, 62 kg, 13.3 % HbA1c, non-smoker, very little alcohol, celiac disease, I hate sugar), then type 1 due to my reaction to Diamicron. Prognosis : in 3 years, I will be wearing an insulin pump.

I bet on lectin intolerance : a lectin-free diet could lower my blood sugar and my daily insulin dose. After a week of dieting, I no longer need insulin. I have temporary pain due to withdrawal from lectins : they are addictive. Later, I also stop Metformin the same way, without pain.

Without this diet, I would be wearing a pump today. Two vicious circles explain the runaway of type 1 diabetes for other patients. First, they don't diet : their diabetes is getting worse. Second, insulin injections inactivate the pancreas, making diabetes worse through negative (buggy) feedback. Let us explain that.

A classic feedback is the Larsen effect. A classic example of negative feedback : A and B have swapped remote controls for their electric blankets. A warms and cools B's blanket, which is cold and warms A's, etc.

Case of Diabetes : Pancreas needs to produce 60 units of insulin, but only produces 56 due to the first vicious circle. The patient compensates and injects 4 more units. So Body has its dose of insulin and believes it is coming from the Pancreas. Therefore, Pancreas produces 56 units instead of 60 since that is what is needed ; That's good : Pancreas is tired. 15 similar incidents inactivate Pancreas, without necessarily destroying it.

This explains the typical runaway of type 1 diabetes. Another feedback hides this bug : no one is looking for errors or bugs in a theory or software that gives satisfaction since its results confirm beliefs and predictions. On the contrary, false beliefs acquire the aura of Science.

Results of the treatment of diabetes 1 do confirm the theory and its predictions of worsening : the treatment worsens diabetes and achieves predictions. In addition, the treatment gives the pharmaceutical industry a captive clientele, and the diabetic her insulin. Everyone is happy with this bogus "software" that works because of its bugs. In my opinion, diabetes is a self-fulfilling science. Here are some other bugs :

- My case shows that diabetes 1 is not incurable.
- For the diabetes "software", diabetes 1 is incurable. Except obesity, alcoholism, smoking, it does not offer any diet. My "completely unbalanced" food shocks It : It knows nothing about nutrition. For me, healthy food helps to heal or stay healthy ; a balanced diet only varies the "poisons".
- At the start of the treatment, doses are fixed : that discourage the patient who gives up and can not seize the opportunity when doses are no longer fixed. Doses variable from the start would encourage the patient to seek the diet that lowers their blood sugar levels and doses. If the patient does not have a glucometer, he should be advised on the carbohydrate-free (suger-free) and lectin-free diet, which is the most logical.
- I was first diagnosed with diabetes 2 : the medical analyzes do not allow a correct diagnosis. My reaction to the Diamicron does. This reminds me of witch trials : the ordeal kills the innocent woman ; the witch survives and is executed.
- Nocturnal hypoglycaemia due to Diamicron is much more dangerous than hyperglycaemia from diabetes : it does not wake me up and nearly kills me twice in a week. The cure is worse than the disease.
- The allopathic bug : the remedy must be a drug, not a diet.
- All these bugs are to the detriment of the patient. The distinction between diabetes 1 and 2 keeps bugs. It segments the clientele, exempts Diamicron, incriminates the prescriber, continues Diamicron with diabetes 2. I conjecture that it only exists for these reasons, and that an adapted diet cures diabetes 1 and 2.

Other methods can be combined with the lectin-free diet. In March 2020, I combine it with Dr. Delabos' chrono-nutrition [1] : I understand that I can eat cheese despite my intolerance to dairy products. In 2022, NAET (Dr. Nambudripad's Allergy Elimination Techniques) successfully desensitizes me to oils and olives in 25 hours , then to lectins in 25 hours, but is less successful with milk. However, I continue my diet without lectin.

I conjecture that other diabetes if not all are inflammation [2] ; so the "poison-free" diet, chrono-nutrition, NAET [3], etc should cure them. This conjecture is testable and refutable.

1. Alain DELABOS. Prévenir et traiter le diabète grâce à la chrono-nutrition. Albin Michel 2017.
2. Caroline DAEMS, Juliette VANDERROOST, Philippe A. LYSY. Diabète de type 1 : une maladie auto-immune, vraiment ?. Louvain médical, 2019, vol. 138, p. 185.
3. Devi S. NAMBUDRIPAD. Say Goodbye to Illness : Living Pain Free with Acupressure, The NAET Guide Book. Delta Publishing, 2003.